



QUINTON HOUSE SCHOOL

Sun Policy

To promote among pupils, staff and parents a positive attitude towards skin protection with lifestyle practices that can help reduce the incidence of ill health through uncontrolled exposure to UV rays.

APRIL
2016

Sun Policy

Through guidance, School facilities, supervision and information to raise awareness regarding sun protection measures to prevent unnecessary exposure to UV rays. Enjoying the sun safely, while taking care not to burn, can provide all the benefits of vitamin D without raising the risk of skin cancer.

Health Facts

Skin cancer is one of the most common cancers in the UK and the number of cases is rising at an alarming rate. Limiting exposure can prevent and minimise the risk, which is particularly important for younger, delicate skin that can be easily damaged.

School Procedures

The School's aim is for staff and pupils to enjoy the sun safely by implementing suitable control measures, particularly at peak periods of the year. This will be achieved by:-

- continual review of existing facilities to ensure suitable shading is provided in key areas;
- the ongoing provision of information through curricular activities;
- guidance frequently issued to parents/carers regarding suitable clothing to be provided and procedures for the application of sun screen;
- ensuring outdoor activities are conducted in shaded zones where possible;
- asking younger pupils to wear hats that protect the face, neck and ears when they are outside;
- keeping our youngest children inside or dedicated shade areas during the danger time between 11am – 3pm when the sunlight is strong;
- ensuring consistent procedures during off-site School activities and events.

The Sunsmart Smart Code:

Stay in the shade between 11am and 3pm

Make sure you never burn

Always cover up with suitable clothing, hat and sunglasses

Remember to take extra care with children

Then use at least factor 15+ sunscreen