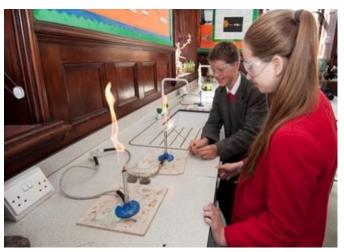


Quinton House School Years 7 - 9 Extra-Curricular Clubs Spring Term 2019















Hello Pupils,

Here is your Extra Curricular Booklet for the Spring Term 2019. Please read through this document and choose which clubs you would like to attend for the Spring Term. Please sign up for at least two clubs. Supervised Study does not count as a club - you will still need two additional clubs. It does not appear in this document, but Supervised Study will still run every day after school from 4pm-5pm in the ICT Suite.

Some clubs are number restricted so please make sure you sign up so as not to be disappointed. Should clubs become oversubscribed, arrangements will be made to suit each club, for example, names could be pulled out of a hat, clubs could be split into two groups and each group attends every second week, and so on.

If you have a problem with a club you have signed up for, please do not hesitate to speak to me about it, and I will do my best to help.

If you are unable to attend a club for any reason, a letter or email should be written by your parents/guardians, excusing you from that club.

Many thanks,

Mrs Masnica

Extra-Curricular Co-ordinator



GUIDELINES FOR STUDENTS

Here is a copy of all of the clubs available to you this term. Spend some time looking through this document and make a note of the activities you would like to attend. Please inform your form tutor by Friday 14th December 2018 of which clubs you would like to attend for the Spring Term.

The expectation is for each student to attend <u>at least two clubs</u>. Supervised Study does not count as part of your two clubs.

All clubs will commence the week beginning the 7th January 2019.

By signing up to an activity, you are committing yourself every week to attend until the end of term. If you are unable to attend a session, or change your mind on your club selection, a parental note will be required. Please show the note to the relevant teacher beforehand.

Remember! If you are having instrumental or vocal lessons in school, or you are studying GCSE Music, you are expected to participate in <u>at least one</u> extra-curricular music activity (choir or band). Please also note that Sports Squads are <u>by invitation only</u> and take priority over all after school clubs.



Extra-Curricular Clubs - Spring Term 2019 - Q7-9

Morning Clubs 7.45am - 8.30am Lunch Session 1 12.50pm - 1.20pm; Lunch Session 2 1.20pm - 1.50pm After School: 3.50pm - 5pm

Monday			
Morning	0= 10		
Study Support Drop-In	Q7-13	8am - 8.30am	Mrs Pates
Lunch	07.40	10.50 1.50	
Study Support Drop-In	Q7-13	12.50pm - 1.50pm	Mrs Pates
Brass Group	Q7-11	12.50pm - 1.20pm	Mr White
Dance Club	Q7 - Q9	12.50pm - 1.20pm	Mrs Khan
Table Tennis Club	Q7 - Q8	12.50pm - 1.20pm	Mr Macmillan
Table Tennis Club	Q9 - Q11	1.20pm - 1.50pm	Mrs Goody
Film Club	Q7 - Q13	1.20pm - 1.50pm	Mr Masnica
History Club	Q7 - Q9	1.20pm - 1.50pm	Mrs White
After School			
Netball Squad	Q7-8	3.50pm - 5pm	Mrs Masnica
Football Squad	Q7-8	3.50pm - 5pm	Mr Muskin
School Production Rehear	sals Q7-13	3.50pm - 5pm	Miss Pearson, Miss Stone,
		Mr \	White and Miss Henry-Moore
Tuesday			
Morning			
Study Support Drop-In	Q7-13	12.50pm - 1.50pm	Mrs Pates
Music Theory	Q5-11	8am - 8.30am	Mr White
Lunch			
Study Support Drop-In	Q7-13	12.50pm - 1.50pm	Mrs Pates
Silver Duke of Edinburgh	Q9-11	12.50pm - 1.20pm	Miss Cheney
Ukulele Club	Q7-13	12.50pm - 1.20pm	Mr Tedd
Debating Club	Q7-9	12.50pm - 1.20pm	Mrs Wellings
Italian Club	Q7-9	12.50pm - 1.20pm	Mrs Shardlow
Basketball Club	Q9-11	12.50pm - 1.20pm	Mr Muskin
Basketball Club	Q7-Q8	1.20pm - 1.50pm	Mr Hoyle
Senior Choir	Q7-11	1.20pm - 1.50pm <i>N</i>	liss Pearson, Mr White and
			Miss Stone
Book Club	Q7-9	1.20 - 1.50pm	Mrs Russell
After School			
Exceptional Potential	Q7-11	3.50pm - 5pm	Mrs Moss
Netball Squad	Q9-10	3.50pm - 5pm	Mrs Masnica
Football Squad	Q9-10	3.50pm - 5pm	Mr Clarke
Art Club	Q7-9	3.50pm - 5pm	Mrs Whitby
		=	

Wednesday Morning				
Study Support Drop-In Climbing Club <i>Lunch</i>	Q7-13 Q7-8	8am - 8.30am 7.45am - 8.30am	Mrs Pates Mr Muskin and Mr Clarke	
Study Support Drop-In	Q7-13	12.50pm - 1.50pm	Mrs Pates	
Spanish Club 5-A-Side Football	Q7-9 Q7-9	12.50pm - 1.20pm 12.50pm - 1.20pm	Miss Harris Mr Plummer	
Arts & Crafts Club	Q7-9 Q7-9	1.20pm - 1.50pm	Mrs Cripps	
Girls 5-A-Side Football	Q7-9	1.20pm - 1.50pm	Mr Hoyle and Mr Sirett	
Current Affairs Club	Q7-13	1.20pm - 1.50pm	Mr Knox	
Thursday Morning				
Study Support Drop-In	Q7-13	8am - 8.30am	Mrs Pates	
Dodgeball	Q7-13	8am - 8.30am	Mr Clarke	
Lunch Study Support Drop-In	Q7-13	12 50nm 1 50nm	Mrs Pates	
BullsEye Group	Q7-13 Q7-8	12.50pm - 1.50pm 12.50pm - 1.20pm	Mrs Pates Mrs Masnica	
Badminton Club	Q7-11	12.50pm - 1.20pm	Mr Plummer	
Orchestra	Q7-13	1.15pm - 1.50pm	Miss Stone and Mr White	
After School				
South Africa Netball Club	•	3.50pm - 5pm	Miss Cheney	
Great Quinton Bake-Off	Q7-9	3.50pm - 5pm	Mrs Crouzieres-Jones	
Inter-House E Sports & Ga School Newsletter	aming Club Q7 Q7-11	3.50pm - 5pm	Mr Brough Mrs Goody	
Tae Kwon Do	Q7-11 Q7-13	4pm - 5pm	Mr Evans (external)	
	Q/ 13	ірін эрін	Wil Evalls (excernac)	
Friday <i>Morning</i>				
Study Support Drop-In	Q7-13	8am - 8.30am	Mrs Pates	
Indoor Cricket Nets Lunch	Q7-8	7.45am - 8.30am	Mr Muskin	
Study Support Drop-In	Q7-13	12.50pm - 1.50pm	Mrs Pates	
Bronze D of E Award	Q9-11	12.50pm - 1.50pm	Mr Clarke	
Photography Club	Q7-13	1.20pm -1.50pm	Mr Hoyle	
Quinton Rocks	Q7-13	12.50pm - 1.20pm	Mrs Marshall	
Sports Ambassadors <i>After School</i>	Q6-10	1.20pm - 1.50pm	Mr Muskin	
Indoor Tennis	Q7-13	4pm - 5pm	Mr Reis (external)	
School Production Rehear	sals Q7-13	4pm - 5pm	Miss Henry-Moore, Mr	
White, Miss Pearson and Miss Stone				

Monday

Morning

Name of Club: Study Support Drop-In

Teacher: Mrs Pates
Time: 8am - 8.30am
Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Lunch Time

Name of Club: Study Support Drop-In

Teacher: Mrs Pates

Time: 12.50pm - 1.50pm Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Brass Group Teacher: Mr White

Time: 12.50pm - 1.20pm

Location: Ballroom Year Group: Q7-11

Number of Pupils: All Welcome

If you play a brass instrument, this club is for you! Please don't shy away - come and share your talent with us!

Name of Club: Dance Club Teacher: Mrs Khan

Time: 12.50pm - 1.20pm Location: Drama Studio

Year Group: Q7-9

Number of Pupils: All Welcome

A new dance club at QHS! No previous dance experience is needed. Learn partner dances and have fun to music at lunch time.







Name of Club: Table Tennis Club
Teacher: Mr Macmillan
Time: 12.50pm - 1.20pm

Location: Sports Hall

Year Group: Q7-8

Number of Pupils: All Welcome

Improving table tennis skills in singles and doubles.

Name of Club: Table Tennis Club

Teacher: Mrs Goody

Time: 1.20pm - 1.50pm

Location: Sports Hall

Year Group: Q9-11

Number of Pupils: All Welcome

Improving table tennis skills in singles and doubles.

Name of Club: Film Club Teacher: Mr Masnica

Time: 1.15pm - 1.50pm

Location: S8 Year Group: Q7-13

Number of Pupils: All Welcome

Passionate about film? This will be an opportunity for you to access a variety of films ranging in topic, culture and genre. So, dim the lights, open your minds and discover films that fire your imagination.

Name of Club: History Club Teacher: Mrs White

Time: 1.20pm - 1.50pm

Location: H3 Year Group: Q7-9

Number of Pupils: All Welcome

For all history enthusiasts, explore topics that shaped our past.

After School

Name of Club: Netball Squad Teacher: Mrs Masnica Time: 3.50pm - 5pm Location: Sports Hall

Year Group: Q7-8

Number of Pupils: Invitation Only

Congratulations- you have been selected to represent QHS in the school team! Come along and practise your skills, improve your fitness and train for fixtures.









Name of Club: Football Squad Teacher: Mr Muskin Time: 3.50pm - 5pm

Location: 5.30pi

Number of Pupils: Invitation Only

Congratulations- you have been selected to represent QHS in the school team! Come along and practise your skills, improve your fitness and train for fixtures.

Name of Club: School Production Rehearsals Teacher: Miss Pearson, Miss Stone, Miss

Q7-8

Henry -Moore and Mr White

Time: 3.50pm - 5pm Location: Drama Studio

Year Group: Q7-11

Number of Pupils: Cast Members - Audition to be in with a

chance!

Year Group:



Can you sing/ act and/or dance? If so we want you to be part of QHS's dazzling summer production which will be performed on our impressive stage in the Sports Hall. Join us on Monday 7th January for an exciting introductory workshop.

Tuesday

Morning

Name of Club: Study Support Drop-In

Teacher: Mrs Pates
Time: 8am - 8.30am
Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome



The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Music Theory
Teacher: Mr White
Time: 8am - 8.30am
Location: Ballroom
Year Group: Q5-11

Number of Pupils: All Welcome



Are you taking music exams? Then you may find it helpful to learn the theory ready for the testing you will need to do.

Lunch Time

Name of Club: Study Support Drop-In

Teacher: Mrs Pates

Time: 12.50pm - 1.50pm Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Silver Duke of Edinburgh

Teacher: Miss Cheney
Time: 12.50pm - 1.20pm

Location: ICT Suite Year Group: Q9-11

Number of Pupils: All D of E pupils

This is a drop-in club to catch up on any D of E work that needs completing. Prepare for hikes and camping trips, and ensure all your folders are up to date.

Name of Club: Ukulele Club
Teacher: Mr Tedd

Time: 12.50pm - 1.20pm

Location: Science Lab Year Group: Q7-13

Number of Pupils: All Welcome

Come and join this new club and explore playing the ukulele! All abilities welcome!

Name of Club: Debate Club Teacher: Mrs Wellings

Time: 12.50pm - 1.20pm

Location: H2 Year Group: Q7-9

Number of Pupils: All Welcome

A chance for Quinton House minds and voices to come together to debate and discuss our ideas and opinions at our weekly Senior School Debating Club. We will be looking at the issues of the world in which we live and the school that we attend. Debate Club is a great place to gain confidence and understanding, to open our minds to the views of others, to develop public speaking skills, and to become interested and passionate about the world around us.







Debate

Name of Club: Italian Club
Teacher: Mrs Shardlow
Time: 12.50pm - 1.20pm

Location: \$4 Year Group: Q7-9

Number of Pupils: All Welcome

Students will learn some basic language skills and find out information about the country, culture and people.

Name of Club: Basketball Club

Teacher: Mr Muskin

Time: 12.50pm - 1.20pm

Location: Sports Hall Year Group: Q9-11

Number of Pupils: All Welcome

Do you know your slam dunk from your layup? All abilities welcome in this fun club.

Name of Club: Basketball Club

Teacher: Mr Hoyle

Time: 1.20pm - 1.50pm

Location: Sports Hall

Year Group: Q7-8

Number of Pupils: All Welcome

Do you know your slam dunk from your layup? All abilities welcome in this fun club.

Name of Club: Senior Choir

Teacher: Miss Stone, Mr White and Miss Pearson

Time: 1.20pm - 1.50pm

Location: Ballroom Year Group: Q7-11

Number of Pupils: All Welcome

If you would like to sing in the school choir and be involved in concerts and performances, please sign up for Senior Choir. If you have singing lessons, you will be expected to attend this club.

Name of Club: Book Club Teacher: Mrs Russell

Time: 1.20pm - 1.50pm

Location: S5 Year Group: Q7-9

Number of Pupils: All Welcome

Reading, discussing and sharing ideas about books of different genres. We will be also be doing activities related to the books we read.









After School

Name of Club: Netball Squad Mrs Masnica Teacher: 3.50pm - 5pm Time: Sports Hall Location: Year Group: Q9-10

Number of Pupils: **Invitation Only**

Congratulations- you have been selected to represent QHS in the school team! Come along and practise your skills, improve your fitness and train for fixtures.

Name of Club: Football Squad Teacher: Mr Clarke Time: 3.50pm - 5pm

Location: Field Year Group: Q9-10

Number of Pupils: **Invitation Only**

Congratulations- you have been selected to represent QHS in the school team! Come along and practise your skills, improve your fitness and train for fixtures.

Name of Club: Art Club Teacher: Mrs Whitby 3.50pm - 5pm Time: Art Room Location: Year Group: Q7-9

Number of Pupils: All Welcome

Name of Club: **Exceptional Potential**

Teacher: Mrs Moss Time: 3.50pm - 5pm

Location: **S6** Year Group: Q7-11

Number of Pupils: **Invitation Only**

Are you full of potential but wish the curriculum allowed you to tackle something of your own choice? This new club is for pupils who demonstrate they have exceptional potential in any subject. Invited pupils will be encouraged to take on new challenges in a subject area that interests them the most and they will be supported in 'stretch and challenge' opportunities.







Wednesday

Morning

Name of Club: Study Support Drop-In

Mrs Pates Teacher: Time: 8am - 8.30am Study Support Location:

Year Group: 07-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Climbing Club

Mr Clarke and Mr Muskin Teacher:

Time: 7.45am - 8.30am

Location: Sports Hall

Q7-8 Year Group:

Number of Pupils: Maximum 8

Fancy a challenge? Give wall climbing a go! Get your adrenaline pumping on a Wednesday morning!

Lunch Time

Name of Club: Study Support Drop-In

Teacher: Mrs Pates

12.50pm - 1.50pm Time: Study Support Location:

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

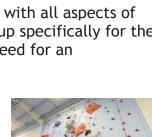
Name of Club: Spanish Club Teacher: Miss Harris

Time: 12.50pm - 1.20pm Location: To be confirmed

Q7-9 Year Group:

Number of Pupils: All Welcome

Explore the Spanish language.





Name of Club: 5-a-side Football
Teacher: Mr Plummer

Time: 12.50pm - 1.20pm

Location: Sports Hall

Year Group: Q7-9

Number of Pupils: All Welcome

Show-off your Ronaldo skills, indoors! Enjoy a kick-about with your friends! Challenge your friends to inter-house competitions and enjoy playing some indoor football!

Name of Club: Girls 5-a-side Football Teacher: Mr Hoyle and Mr Sirett

Time: 1.20pm - 1.50pm

Location: Sports Hall

Year Group: Q7-9

Number of Pupils: All Welcome

Show-off your Ronaldo skills, indoors! Enjoy a kick-about with your friends! Challenge your friends to inter-house competitions and enjoy playing some indoor football!

Name of Club: Arts and Crafts Club

Teacher: Mrs Cripps

Time: 1.20pm - 1.50pm

Location: S10, Photography Room

Year Group: Q7-9

Number of Pupils: All Welcome

Explore your creative side and have some fun with this new Arts and Crafts Club!

Name of Club: Current Affairs Club

Teacher: Mr Knox

Time: 1.20pm - 1.50pm

Location: H27 Year Group: Q7-13

Number of Pupils: All Welcome

Interested in Current Affairs? This is the club for you!







Thursday

Morning

Name of Club: Study Support Drop-In

Teacher: Mrs Pates
Time: 8am - 8.30am
Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Dodgeball Club Teacher: Mr Clarke

Time: 8am - 8.30am Location: Sports Hall

Year Group: Q7-11

Number of Pupils: All Welcome

Come and join in the fun at Mr. Clarke's Dodgeball club!

Lunch Time

Name of Club: Study Support Drop-In

Teacher: Mrs Pates

Time: 12.50pm - 1.50pm Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Badminton Club
Teacher: Mr Plummer

Time: 12.50pm - 1.20pm

Location: Sports Hall Year Group: Q7-11

Number of Pupils: All Welcome

A great opportunity to improve your badminton skills.







Name of Club:
Teacher:

Mrs Masnica
12 50pm 1 20

Time: 12.50pm - 1.20pm

Location: \$8 Year Group: Q7-8

Number of Pupils: All Welcome

A chance to give something back to the school community. Explore how to look-out for others and identify if someone is on their own. There will be a few sessions and then pupils will spend a lunch time a week in the Junior School, assisting the Junior pupils and improving their social skills.

Name of Club: Orchestra

Teacher: Mr White and Miss Stone

Time: 1.20pm - 1.50pm

Location: Ballroom Year Group: Q7-11

Number of Pupils: All Welcome

If you play a musical instrument, we would love to have you in our orchestra. If you have music lessons in school, you are expected to sign up to this club. Help make our orchestra the best it can be!

After School

Name of Club: South Africa Netball

Teacher: Miss Cheney
Time: 3.50pm - 5pm
Location: Sports Hall

Year Group: Q9-10

Number of Pupils: South Africa pupils only

Improve and sharpen up your netball skills, in preparation for our sports tour in April.

Name of Club: Great Quinton Bake-Off Teacher: Mrs Crouzieres-Jones

Time: 3.50pm - 5pm Location: Food Tech Room

Year Group: Q7-9

Number of Pupils: 12 Maximum

If you like cooking and would like another opportunity to cook during your school week, this club is for you. Speak to Mrs C-J for more details!

Name of Club: Newsletter Club Teacher: Mrs Goody Time: 3.50pm - 5pm

Location: H3 Year Group: 07-11

Number of Pupils: All Welcome

Join Mrs Goody as we design the school's newsletter. Have your say in what stories are written and published. A great opportunity for any aspiring journalists out there!







Name of Club: Inter-House E-Sports and Gaming

Teacher: Mr Brough Time: 3.50pm - 5pm

Location: H27 Year Group: Q7-9

Number of Pupils: All Welcome

Inter-House with computer games!

Name of Club: Tae Kwon Do Teacher: Mr Evans Time: 4pm - 5pm

Location: To be confirmed

Year Group: Q7-11

Number of Pupils: All Welcome

This is an external club and requires a fee. A fantastic opportunity to take part in martial arts. Build self-confidence, and develop physical and mental strength. Payment to be made directly to the teacher. Cost to be confirmed in January.

Friday

Morning

Name of Club: Indoor Cricket Nets
Teacher: Mr Muskin and Mr Clarke

Time: 7.45am - 8.30am Location: Sports Hall

Year Group: Q7-8

Number of Pupils: All Welcome

Improve your batting, bowling and fielding skills in preparation for cricket season in the summer term.

Name of Club: Study Support Drop-In

Teacher: Mrs Pates
Time: 8am - 8.30am
Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome

The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.







Lunch Time

Name of Club: Study Support Drop-In

Teacher: Mrs Pates

Time: 12.50pm - 1.50pm Location: Study Support

Year Group: Q7-13

Number of Pupils: All Welcome



The Study Support team offer a drop-in service to support all pupils with all aspects of their learning, including homework and revision. Pupils do not sign up specifically for the club however use it as and when they require. Pop in anytime, no need for an appointment.

Name of Club: Bronze Duke of Edinburgh Award

Teacher: Mrs Bailey

Time: 12.50pm - 1.50pm

Location: ICT Suite Year Group: Q9-11

Number of Pupils: All Welcome - Bronze D of E candidates



This is a drop-in club to catch up on any D of E work that needs completing. Prepare for hikes and camping trips, and ensure all your folders are up to date.

Name of Club: Quinton Rocks Teacher: Mrs Marshall

Time: 12.50pm - 1.20pm

Location: H3 Year Group: Q7-13

Number of Pupils: All Welcome



This is an opportunity to be creative by painting rocks using your own designs. These will then be hidden around the school grounds for others to find, enjoy and rehide (unless it's one you particularly want to keep of course!).

Name of Club: Photography Club

Teacher: Mr Hovle

Time: 1.20pm - 1.50pm Location: To be confirmed

Year Group: Q7-13

Number of Pupils: All Welcome

FUJIFILM TZO

Enjoy taking pictures and capturing school life at Quinton House School!

Name of Club: Sports Ambassadors

Teacher: Mr Muskin

Time: 1.20pm - 1.50pm Location: Sports Hall/Field

Year Group: Q6-10

Number of Pupils: Sports Ambassadors Only



If you are interested in sharing your sporting knowledge and developing your leadership skills, this is the club for you. Complete a portfolio and attend an interview with Mr Muskin to see if you're eligible for this club. Speak to Mr Muskin for more details.

After School

Name of Club: Indoor Tennis

Teacher: Mr Reis
Time: 4pm - 5pm
Location: Sports Hall
Year Group: Q7-11

Number of Pupils: All Welcome



This is an external club and requires a fee. Mr Reis has an excellent reputation on the tennis circuit and is highly qualified, achieving great success across Northamptonshire. This club is for all abilities and would be a lovely way to finish the week. Price to be confirmed in January.

Name of Club: School Production Rehearsals

Teacher: Miss Pearson, Miss Stone, Miss Henry-

Moore

and Mr White 3.50pm - 5pm

Time: 3.50pm - 5pm Location: Drama Studio

Year Group: Q7-11

Number of Pupils: Cast Members - Audition to be in with a

chance!



Can you sing/ act and/or dance? If so we want you to be part of QHS's dazzling summer production which will be performed on our impressive stage in the Sports Hall. Join us on Monday 7th January for an exciting introductory workshop.