



QUINTON HOUSE SCHOOL

Menu

Monday

Golden Vegetable Soup
With crusty granary bloomer
Bread

Mild Chilli Con Carne

Vegan Meatballs

Sweetcorn / Baton Carrots
Mexican Rice

Cauliflower & Coconut Salad

Heart of the Med Salad

Apple Cake

Fresh Fruit Basket / Fruit Pots /
Yoghurt

Tuesday

Tomato Soup with roasted
onion Bread

Chicken & Vegetable lasagne

Lentil & Vegetable Crumble

Savoy Cabbage / Cauliflower
Garlic bread slice

Beetroot, Carrot & Apple Salad

Quinoa, mange tout
& broccoli salad

Banana loaf

Fresh Fruit Basket / Fruit Pots /
Yoghurt

Wednesday

Chicken & Leek Soup with
poppyseed Bread

Honey glazed Ham

Vegetable Lasagne

Green Beans / Roast Parsnips

Roast Potatoes

Gravy

Asian Sprout Salad

Danish Potato Salad

Strawberry crunch mousse

Fresh Fruit Basket / Fruit Pots /
Yoghurt

Thursday

Red Pepper & tomato Soup
with bloomer loaf

Butter Chicken Curry with Ginger
& onion Rice

Vegetable Bolognese &
Penne Pasta

Gobi saag aloo Chota Naan,
Poppadoms & Pickles

Bulgar Wheat salad with Feta

Thai Noodle Salad

Rhubarb & Peach Crumble
with Custard

Fresh Fruit Basket / Fruit Pots /
Yoghurt

Friday

Butternut Squash Soup with
pumpkin seed Bread

Battered Fish Goujons

Black eyed Bean Burrito

Chips

Baked Beans / Garden Peas
/Fresh Tartare sauce/Lemon

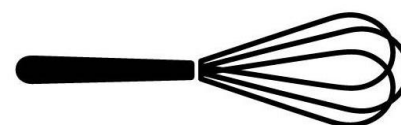
Wedge/ Gherkins & Pickled
Onions

Spiced Rice & Red Bean Salad

Coleslaw Salad

Berry Flapjack

Fresh Fruit Basket/
Fruit Pots /
Yoghurt





QUINTON HOUSE SCHOOL

Menu

Monday

Red Lentil Soup with
Tomato Bread

Chicken Fajitas
Seasoned Vegan Fishless Fillet

Coriander Rice
/Salsa/Guacamole/Soured Cream
Corn on the Cob

Paprika roasted Courgettes

Beetroot, Spinach & Soya Bean salad
Celeriac Remoulade Salad

Lemon Drizzle Loaf
Fresh Fruit Basket / Fruit Pots /
Yoghurt

Tuesday

White Bean Soup with
Foccacia Bread

Beef Meatballs in a tomato &
Basil sauce with tricolour Pasta

Vegetable Kiev
Garlic bread bites/green
Beans/Roasted Med vegetable

Rice Vegetable & Sweet Chilli
Sauce Salad

Egyptian Koshari Salad

Chocolate & Beetroot Cake

Fresh Fruit Basket / Fruit Pots /
Yoghurt

Wednesday

Thai Noodle Soup with
Sesame Seeded Loaf

Lemon & Thyme roasted Chicken Thighs
with sage & Onion seasoning

Vegetable & sweet Potato Strudel

Chivey Buttered New Potatoes
Cauliflower Cheese & Carrots

Gravy

Broccoli & Orange Salad

Tuna Nicoise Pasta Salad

Raspberry Mousse
Fresh Fruit Basket / Fruit Pots / Yoghurt

Thursday

Potato & leek Soup
with Thyme Bread

Cumberland Sausage Ring with Creamed
Potatoes & Onion Gravy

Vegan Sausages with Creamed Potatoes
& Onion Gravy

Garden Peas/Braised Red Cabbage

Scezhuan Coleslaw Salad
Mixed Bean & Potato Salad

Apple Cracknell with
Vanilla Custard

Fresh Fruit Basket / Fruit Pots / Yoghurt

Friday

Cream of Sweetcorn Soup
with Wholemeal Loaf

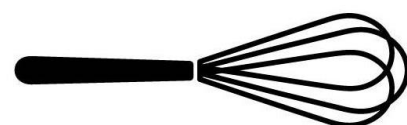
Breaded Pollock Fillet
Tortellini Formaggio
Chips

Baked Beans / Garden Peas /Fresh
Tartare sauce/Lemon Wedge/
Gherkins & Pickled Onions

Fennel & Feta with Pomegranate
Seeds

Moroccan Chickpea Salad
Frozen Yoghurt Bar

Fresh Fruit Basket / Fruit Pots /
Yoghurt





Menu

Monday

Pea & Mint Soup with
Spinach Loaf

Sweet & Sour Pork
Red Pepper & Houmous Wrap

Egg Fried Rice/Vegetable/
Stir Fry/ Mini Spring Rolls/
Prawn Crackers

Mango, Mint & Cucumber Salad
Pearl Barley & Courgette Ribbon
Salad

Apple & Blackberry
Seed Crumble with Custard
Fresh Fruit Basket / Fruit Pots /
Yoghurt

Tuesday

Mushroom Soup with
Tarragon Bread

Lamb & Vegetable Cobbler
Cheese, Leek & Tomato Tart

Crushed New
Potatoes/Steamed Curly
Kale/Roasted Butternut
Squash Wedges

Rice, Pineapple & Coriander
in a curried mayonnaise

Potato Salad

Eton Mess
Fresh Fruit Basket / Fruit Pots /
Yoghurt

Wednesday

Minestrone Soup with
Tomato Bread

Roast Turkey with Seasoning &
Cranberry Sauce

Vegetable Bake
Roasted Potatoes

Root Vegetable Medley
Gravy

Orange, Onion, Mint &
Pomegranate Salad

Coleslaw Salad

Chocolate Marble Cake
Fresh Fruit Basket / Fruit Pots /
Yoghurt

Thursday

Broccoli & Cheddar Soup with
Red Leicester Cheese Bread

Pasta Bar with Bolognese, Smoked
Bacon Carbonara or Tomato &
Roasted vegetable sauce

Garlic & Herb Croutons/Green
Beans/Italian grated Cheese/Pesto
Dressing

Quinoa supercauli Salad with
coriander dressing

Smoked Mackerel Salad with
Beetroot Salsa

Lemon, Courgette & Apple Cake

Fresh Fruit Basket / Fruit Pots /
Yoghurt

Friday

Carrot & Coriander Soup with
White Bloomer Bread

Smoked Salmon Fishcake
Beef Burger with Curly Fries
Vegan Cornish Pasty

Baked Beans/Sweetcorn
/Ketchup/Mayonnaise/sliced
Gherkins/Cheese Slices

Caesar Salad
Carrot & Orange Salad

Three Root Brownie
Fresh Fruit Basket / Fruit Pots /
Yoghurt

