



SUMMER MENU



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Homemade Vegetable Soup served with Freshly Baked Bread	Homemade Tomato and Roasted Red Pepper Soup served with Freshly Baked Bread	Homemade Pea and Mint Soup served with Freshly Baked Bread	Homemade Italian Style Minestrone Soup served with Freshly Baked Bread	Homemade Mushroom Soup served with Freshly Baked Bread
MAIN	Cheesy Bacon Mac and Cheese	Chicken and Vegetable Korma	Traditional Cottage Pie	Sweet Chilli and Oriental Vegetable Noodles	Breaded Fish Fingers served with a Lemon Wedge and Tartare Sauce
VEGETARIAN	Cheesy Mac and Cheese	Vegetable Korma	Shepherdess Pie	Oriental Vegetable Noodles	Quorn Burrito flavoured with Coriander
SIDES	Slice of Garlic Bread and BBQ Baked Beans	Steamed Rice, Poppadum's, Mango Chutney and Green Beans	Medley of Seasonal Vegetables and Fresh Gravy	Pancake Roll	Chipped Potatoes, Peas and Sweetcorn
JACKETS	Jacket Potato, Butter Portions, Margarine Portions, Baked Beans, Grated Cheddar, Tuna Mayonnaise. Selection of Freshly Prepared Sandwiches, Rolls, Baguettes or Wraps Jacket Potato, Baked Beans				
DESSERT	Chocolate Sponge with Chocolate Sauce	Fruit Filled Meringue Nest	Apple Crumble with Fresh Custard	Slice of Banana and Caramel Traybake	Slice of Frosted Carrot Cake
	Yoghurt, Jellies or Fresh Fruit Pots				
SALAD BAR	Black Bean and Quinoa Lime Salad, Coleslaw	Greek Salad, Coleslaw	Cucumber, Orange and Beetroot Salad, Coleslaw	Tomato, Red Onion and Green Lentil Salad and Coleslaw	Bulgar Wheat Salad, Coleslaw
	Tomato, Cucumber, Sweetcorn, Mixed Leaves, Sliced Peppers, Grated Carrots, Tuna, Grated Cheese, Sliced Ham, Roast Chicken, Boiled Eggs, Coleslaw, Selection of Dressings and Toppings				



SUMMER MENU



WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Homemade Tomato Soup served with Freshly Baked Bread	Homemade Carrot and Ginger Soup served with Freshly Baked Bread	Homemade Pea and Mint Soup served with Freshly Baked Bread	Homemade Italian Style Minestrone Soup served with Freshly Baked Bread	Homemade Mushroom Soup served with Freshly Baked Bread
MAIN	Beef Bolognese finished with Fresh Tomatoes and Fresh Basil	Chicken Fajita with Sliced Mixed Peppers	Roast Chicken Breast with Sage and Onion Stuffing and Fresh Gravy	Meatball Pasta Bake	Homemade Pepperoni Pizza
VEGETARIAN	Vegemince Bolognese finished with Fresh Tomato and Fresh Basil	Quorn Fajita with Sliced Mixed Peppers	Butternut Squash, Spinach and Mushroom Wellington with Fresh Gravy	Meatless Meatball Pasta Bake	Homemade Margarita Pizza
SIDES	Garlic and Herb Bread, Steamed Broccoli	Skin on Potato Wedges, Chunky Tomato Salsa, Peas and Sweetcorn	Roasted New Potatoes, Roasted Root Vegetables, Red Cabbage	Mixed Leaf Salad	Chipped Potatoes, Garden Peas or Baked Beans
JACKETS	Jacket Potato, Butter Portions, Margarine Portions, Baked Beans, Grated Cheddar, Tuna Mayonnaise. Selection of Freshly Prepared Sandwiches, Rolls, Baguettes or Wraps Jacket Potato, Baked Beans				
DESSERT	Slice of Orange Drizzle Cake	Ice Cream Sundae	Chocolate Cornflake Crispy Cake	Mixed Fruit Oatey Crumble with Fresh Custard	Oatie Cookie
	Yoghurt, Jellies or Fresh Fruit Pots				
SALAD BAR	Greek Salad, Coleslaw	Bulgar Wheat Salad, Coleslaw	Tomato, Red Onion and Green Lentil Salad, Coleslaw	Potato and Chive Salad and Coleslaw	Black Bean and Quinoa Lime Salad, Coleslaw
	Tomato, Cucumber, Sweetcorn, Mixed Leaves, Sliced Peppers, Grated Carrots, Tuna, Grated Cheese, Sliced Ham, Roast Chicken, Boiled Eggs, Coleslaw, Selection of Dressings and Toppings				



SUMMER MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Homemade Tomato Soup served with Freshly Baked Bread	Homemade Mexican Bean Soup served with Freshly Baked Bread	Homemade Butternut Squash and Coriander Soup served with Freshly Baked Bread	Homemade Sweet Potato Soup served with Freshly Baked Bread	Homemade Tomato and Red Pepper Soup served with Freshly Baked Bread
MAIN	Chicken, Tomato and Mozzarella Pasta Bake	Chilli Con Carne	Grilled Sausages	Baked Beef Lasagne with Fresh Tomato and Herbs	Prime Chicken Burger in a Bap
VEGETARIAN	Pasta Penne with Fresh Tomato Sauce	Vegetable and Bean Chilli	Grilled Vegetarian Sausages	Baked Vegetable Lasagne with Fresh Tomato and Herbs	Homemade Bean Burger in a Bap
SIDES	Slice of Garlic Bread, Mixed Leaf Salad	Steamed Rice, Crispy Tortilla Chips, Tomato Salsa	Mashed Potatoes, Glazed Carrots, Garden Peas and Fresh Gravy	Slice of Home Baked Bread, Steamed Sweetcorn	Chipped Potatoes, Assorted Relishes, Red Slaw, Mixed Salad
JACKETS	Jacket Potato, Butter Portions, Margarine Portions, Baked Beans, Grated Cheddar, Tuna Mayonnaise. Selection of Freshly Prepared Sandwiches, Rolls, Baguettes or Wraps Jacket Potato, Baked Beans				
DESSERT	Slice of Marble Cake	Key Lime Pie	Slice of Traditional Flapjack	Raspberry and Lemon Crumble Cake	Square of White Chocolate Blondie
	Yoghurt, Jellies or Fresh Fruit Pots				
SALAD BAR	Roasted Pepper, Aubergine and Courgette Salad, Coleslaw	Cucumber, Orange and Beetroot Salad, Coleslaw	Greek Salad, Coleslaw	Beetroot, Spinach and Soy Bean Salad, Coleslaw	Tomato, Red Onion and Green Lentil Salad, Coleslaw
	Tomato, Cucumber, Sweetcorn, Mixed Leaves, Sliced Peppers, Grated Carrots, Tuna, Grated Cheese, Sliced Ham, Roast Chicken, Boiled Eggs, Coleslaw, Selection of Dressings and Toppings				

