

Lunch Menu



QUINTON HOUSE SENIOR SCHOOL
Week 1 – 28th April | 19th May | 16th June and 7th July



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	<p>Cheesy Mac and Cheese with Sliced Pepperoni</p> <p>Three Cheese Mac and Cheese with BBQ Jackfruit (V)</p>	<p>Teriyaki Flavoured Chicken</p> <p>Teriyaki Quorn (V)</p>	<p>Minced Beef Lasagne al Forno</p> <p>Mediterranean Vegetable Lasagne Al Forno (V)</p>	<p>Chicken and Vegetable Korma</p> <p>Spiced Vegetable Korma</p>	<p>Breaded Fish of The Day served with Homemade Tartare Sauce and a Lemon Wedge</p> <p>Cheese, Sweetcorn, Chilli, Spring Onion and Pepper Quesadilla (V)</p>
SIDES	<p>Steamed Sweetcorn and Seasonal Side Salad</p>	<p>Chinese Style Vegetable Noodles and a Mini Pancake Roll</p>	<p>Slice of Garlic Bread and Mixed Leaf Salad</p>	<p>Steamed Rice, Naan and Mango Chutney</p>	<p>Chipped Potatoes, Mushy Peas, Baked Beans or Mixed Leaf Salad</p>
DESSERTS	<p>Slice of Orange Polenta Cake</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Sticky Toffee Pudding with Toffee Sauce</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Slice of Raspberry Ripple Arctic Roll</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Oatie Cookie</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Slice of Chocolate Tiffin</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>

DAILY OPTIONS

DAILY SPECIALS

Soup of The Day served with home-baked bread and home baked croutons
 Jacket potatoes with a choice of toppings.
 Selection of freshly prepared assorted Sandwiches, Rolls, Baguettes or Wraps

SALADS

Selection of freshly made, sustainable composite salads and variety of basic salads, grains, and proteins.

PASTA BAR

Fresh pasta with a selection of hot sauces and grated cheese

CHILLED DESSERTS

Dessert pots, yoghurts, jellies, selection of fresh fruit.

Lunch Menu



QUINTON HOUSE SENIOR SCHOOL
Week 2 – 5th May | 2nd June | 23rd June



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	<p>Chicken, Mozzarella and Tomato Pasta Bake</p> <p>Oven Baked Feta and Ratatouille Pasta Bake (V)</p>	<p>Homemade Sausage Roll</p> <p>Cheese Tart (V)</p>	<p>Roasted Lemon Chicken served with Sage and Onion Stuffing and Fresh Gravy</p> <p>Butternut, Spinach and Mushroom Wellington served with Fresh Gravy (V)</p>	<p>Spicy Chilli Con Carne</p> <p>Spicy Bean and Vegetable Chilli(V)</p>	<p>Breaded Chicken Burger with Crisp Leaves and Mayonnaise</p> <p>Veggie Quarter Pounder with Crisp Leaves and Mayonnaise (V)</p>
SIDES	<p>Slice of Garlic Bread and Tossed Salad</p>	<p>Oven Baked Potato Wedges and Baked Beans</p>	<p>Roasted New Potatoes and Seasonal Vegetables</p>	<p>Brown and White Steamed Rice, Nacho Chips, Guacamole and Tomato Salsa</p>	<p>Chipped Potatoes, Coleslaw and Mixed Leaf Salad</p>
DESSERTS	<p>Ice Cream Sundae</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Slice of Banoffee Pie</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Apple Flapjack Slice</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Crispy Crackle Bar</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Freshly Baked Cookie</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>

DAILY OPTIONS

DAILY SPECIALS

Soup of The Day served with home-baked bread and home baked croutons
 Jacket potatoes with a choice of toppings.
 Selection of freshly prepared assorted Sandwiches, Rolls, Baguettes or Wraps

PASTA BAR

Fresh pasta with a selection of hot sauces and grated cheese

SALADS

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

CHILLED DESSERTS

Dessert pots, yoghurts, jellies selection of fresh fruit.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS	<p>Tuna and Sweetcorn Pasta</p> <p>Vegetable Pesto Pasta Bake (V)</p>	<p>Chinese Style Chicken Fried Rice served with a Chinese Curry Sauce</p> <p>Oriental Vegetable Pancake Roll served with Fried Rice and Curry Sauce (V)</p>	<p>Pulled BBQ Pork served in a Soft Taco</p> <p>Pulled BBQ Quorn (V)</p>	<p>Chicken Chasseur</p> <p>Piri Piri Butternut Squash, Halloumi and Vegetable Skewer (V)</p>	<p>Urban Style Hot Dog with Fried Onions</p> <p>Urban Style Vegetarian Hot Dog with Fried Onions (V)</p>
SIDES	<p>Slice of Garlic Bread and Mixed Side Salad</p>	<p>Stir Fried Chinese Greens</p>	<p>Spiced Potato Wedges, Pico de Gallo Dressing, Pickled Pink Onions and Mixed Leaves</p>	<p>Minted New Potatoes and Steamed Seasonal Vegetables</p>	<p>Skinny Fries and BBQ Baked Beans</p>
DESSERTS	<p>Square of Retro Sponge Cake</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Key Lime Pie</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Pear and Chocolate Crumble served with Fresh Custard</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>Slice of Homemade Lemon Shortbread</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>	<p>White Chocolate and Raspberry Blondie</p> <p>Fresh Fruit Pots, Flavoured Yogurt and Jelly Pots</p>

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 Selection of freshly prepared assorted Sandwiches, Rolls, Baguettes or Wraps

PASTA BAR

Fresh pasta with a selection of hot sauces and grated cheese

SALADS

Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

CHILLED DESSERTS

Dessert pots, yoghurts, selection of fresh fruit.