



# Lunch

Week One September to December



Mains

Sides

Salad

Dessert

## Monday

Pepperoni Topped Mac and Cheese  
Traditional Mac and Cheese (V)

Slice of Garlic and Herb Bread  
Mixed Leaf Salad  
Buttered Sweetcorn

Hummus and Crudities  
Coleslaw  
Selection of Basic Salads

Traditional Shortbread Slice  
Selection of Jellies  
Yogurt Pot

## Tuesday

Swedish Pork Meatballs  
Plant Balls (VE)

Creamy Mashed Potatoes  
Steamed Seasonal Vegetables  
Gravy

Grated Carrot and Sultana Salad  
Coleslaw  
Selection of Basic Salads

Pineapple Upside Down Pudding with Fresh Cream  
Selection of Jellies  
Yogurt Pot

## Wednesday

Mexican Beef and Vegetable Burrito  
Bean and Vegetable Burrito (V)

Baked Nacho Chips  
Buttered Sweetcorn  
Tomato Salsa

Cucumber, Orange and Beetroot Salad  
Coleslaw  
Selection of Basic Salads

Apple Crumble with Fresh Custard  
Selection of Jellies  
Yogurt Pot

## Thursday

Chicken Pie topped with Shortcrust Pastry  
Country Vegetable Pie (V)

Crushed New Potatoes  
Steamed Seasonal Vegetable  
Gravy

Tomato, Red Onion and Green Lentil Salad  
Coleslaw  
Selection of Basic Salads

Chocolate Cake  
Selection of Jellies  
Yogurt Pot

## Friday

Prime Cheeseburger  
Veggie Quorn Burger (V)

Chipped Potatoes  
Garden Peas  
Baked Beans

Potato and Chive Salad  
Coleslaw  
Selection of Basic Salads

Carrot, Sultana and Apricot Flapjack  
Selection of Jellies  
Yogurt Pot

## Soup of the day

Served with Freshly Baked Breads & Selection of Toppers.



## Jacket Potato Bar

Topped with Baked Beans, Cheese or the Chef's Daily Special.

## Salad Bar

Selection of Proteins, Dressings and Seeds



## Fruit Bar

Selection of Fresh Fruit.



QUINTON HOUSE SCHOOL



# Lunch

Week Two September to December



PROUDLY NOURISHED BY



LODESTONE  
HOUSE

## Monday

Beef and Lentil Bolognaise  
Vegetarian Bolognaise (V)

Spaghetti  
Slice of Garlic and Herb Bread  
Steamed Sweetcorn

Italian Rocket Salad with Balsamic Dressing  
Coleslaw  
Selection of Basic Salads

Retro Cake  
Selection of Jellies  
Yogurt Pot

## Tuesday

Chicken Tikka Masala Curry  
Chana Masala Potato Curry (V)

Steamed Rice  
Kale and Green Beans  
Poppadums  
Mango Chutney

Bombay Potato Salad  
Coleslaw  
Selection of Basic Salads

Chocolate Chip Bread and Butter Pudding with Custard  
Selection of Jellies  
Yogurt Pot

## Wednesday

Roasted Loin of Pork served with Sage and Onion Stuffing and Apple Sauce

Chick Pea and Sweet Potato Roast (V)  
Roast Potatoes  
Sliced Carrots  
Peas  
Gravy

Rice Salad  
Coleslaw  
Selection of Basic Salads

Raspberry and Lemon Crumble Cake  
Selection of Jellies  
Yogurt Pot

## Thursday

Cottage Pie  
Vegetarian Cottage Pie (V)

Steamed Seasonal Vegetables  
Gravy

Greek Salad  
Coleslaw  
Selection of Basic Salads

Zesty Orange Shortbread  
Selection of Jellies  
Yogurt Pot

## Friday

Breaded Chicken 50/50 Wrap with Mayonnaise and Iceberg Lettuce  
Halloumi 50/50 Wrap (V)

Chipped Potatoes  
Baked Beans  
Garden Peas

Black Bean and Quinoa Lime Salad  
Coleslaw  
Selection of Basic Salads

Mini Jam Doughnut  
Selection of Jellies  
Yogurt Pot

## Soup of the day

Served with Freshly Baked Breads & Selection of Toppers.



## Jacket Potato Bar

Topped with Baked Beans, Cheese or the Chef's Daily Special.

## Salad Bar

Selection of Proteins, Dressings and Seeds.



## Fruit Bar

Selection of Fresh Fruit.



QUINTON HOUSE SCHOOL



# Lunch

Week Three September to December



PROUDLY NOURISHED BY



LODESTONE  
HOUSE

## Monday

Pasta Penne in a Chicken and Fresh Tomato and Basil Sauce

Pasta Penne in a Fresh Tomato and Basil Sauce (V)

Slice of Garlic and Herb Bread

Mixed Leaf Salad

Roasted Peppers, Aubergine and Courgette Salad

Coleslaw

Selection of Basic Salads

Blueberry Cupcake

Selection of Jellies

Yogurt Pot

## Tuesday

Toad in the Hole

Vegetarian Toad in the Hole (V)

Creamy Mashed Potatoes

Steamed Seasonal Vegetables

Gravy

Cucumber, Orange and Beetroot Salad

Coleslaw

Selection of Basic Salads

Treacle Tart with Fresh Custard

Selection of Jellies

Yogurt Pot

## Wednesday

Beef and Lentil Lasagne

Lentil and Root Vegetable Lasagne (V)

Freshly Baked Bread

Steamed Sweetcorn

Greek Salad

Coleslaw

Selection of Basic Salads

Lemon Drizzle Cake

Selection of Jellies

Yogurt Pot

## Thursday

Oriental Turkey and Vegetable Stir Fry

Oriental Vegetable Stir Fry (V)

Steamed Egg Noodles

Mini Pancake Roll

Mixed Bean Salad

Coleslaw

Selection of Basic Salads

Oatie Cookie

Selection of Jellies

Yogurt Pot

## Friday

Pepperoni Pizza

Margarita Pizza (V)

Chipped Potatoes

Red Slaw

Side Salad

Tuna and Sweetcorn Pasta Salad

Coleslaw

Selection of Basic Salads

Homemade Carrot Peel Cake with Cinnamon Icing

Selection of Jellies

Yogurt Pot

### Soup of the day

Served with Freshly Baked Breads & Selection of Toppers.



### Jacket Potato Bar

Topped with Baked Beans, Cheese or the Chef's Daily Special.

### Salad Bar

Selection of Proteins, Dressings and Seeds



### Fruit Bar

Selection of Fresh Fruit.